

Loving Me: Children's Celebration of Who They Are

Loving Me is an educational group for children 5 to 7 years old that promotes identifying strengths, building self-esteem and embracing diversity. Children will be able to explore what makes them special and unique.

Through the use of organized activities, creative play and interactive discussions children will learn:

- Communication skills
- Getting along with others
- Sharing thoughts and feelings
- Seeing everyone is important



Located At:

Bayside Counseling

1921 Boston Post Road #207
Westbrook, CT
860-399-9500

Presented By:

Dena Otrin, LPC, NCC

Licensed Professional Counselor
National Certified Counselor

This group will meet every other Saturday for eight weeks from 11am to 12pm. Start date based on interest.

Most insurances accepted or self-pay is \$30.00 per session.

Space is Limited!

Register Today!